

A practical & inspiring evening SURVIVING CANCER

*Hear, learn and be inspired as **four remarkable cancer survivors** share their stories and insights*

Many people these days have heard stories of people who have recovered from cancer against the odds. Always inspiring, were these people “just lucky”, or did they do something we can all learn from?

Recent research is confirming what our speakers’ stories attest to – there is the potential for healing within each one of us that when tapped into can combine with the best of what modern medicine has to offer and achieve remarkable results.

In this rare opportunity, four remarkable cancer survivors share their stories and present the essence of what they have found to be most helpful. A compelling evening for everyone affected by cancer, their families and friends, as well as all health professionals.



Ruth McGowan has known the stresses of being a mayor, wife and mother of three; along with the ambition of defying cancer



Scott Stephens is a long-term survivor of widespread melanoma with a powerful message of hope



Ian Gawler has helped thousands to regain & sustain health and to find real inner peace



Jess Ainscough is well-known as The Wellness Warrior – cancer thriver, blogger;passionate about the healing properties of food

Dr Francis Macnab is our MC for the evening, during which he will officially launch the new edition of Ian Gawler’s international classic - *You Can Conquer Cancer*

Date: Tuesday 5th March

Light supper and book signing from 6.30pm; 7 – 8.30pm

Venue: St Michaels on Collins, 120 Collins St, Melbourne

Cost: \$20, with concession for Health care cards and students \$15

Enquiries: St Michaels 03 96545120

Bookings: Not necessary; pay at the door on the night

Presented in conjunction with St Michaels,

The Gawler Foundation and Insight Health Services

All proceeds from the evening will support the work of The Gawler Foundation



Including the meditative harp music of Peter Roberts