



4 Day Outback Tour
Alice Springs to Uluru via Western MacDonnell Ranges
Departs Alice Springs Monday 16th September, 2013

Day: 1 Alice Springs to West Mac Donnell Ranges

Our tour begins at 8am when we pick you up from your Alice Springs accommodation and enjoy a relaxing morning meandering through the West MacDonnell National Park. Stopping at the ancient Ochre Pits and Orminston Gorge before arriving at the picturesque Glen Helen Homestead, situated on the outskirts of the MacDonnell Range, for a delicious Lunch.

We then start the journey to Watarrka (Kings Canyon). Passing through the spectacular countryside of the Mereenie Loop and Gosses Bluff, we will also stop and take in the beauty of the Waterhouse ranges and Gosse Bluff, and changing environment of the Red centre. We arrive at our campsite Lilla, an aboriginal Community, in time for a beautiful sunset over the ranges.

The traditional custodians will meet and greet travellers, and welcome them with a short smoking ceremony. This ceremony involves lighting a fire with special native leaves that create smoke. This is a traditional welcoming ceremony that allows students to become one with the spirits of this particular country and teaches them about the Tjukurpa (dreamtime) of the area.

We then settle down for the night with a delicious meal and campfire stories.

Day 2 ; Kings Canyon, Bush Tucker, Dot Painting, Story Telling and Team Building

We begin our morning with a hike along the 6.5km Kings Canyon rim walk. Discover the 'Lost City', the picturesque oasis that is the 'Garden of Eden' and the breath taking sheer cliffs of the North and South Walls. The walk takes approximately 3 hours however there is no rush. After conquering the Canyon, after which we will head back to camp at Lilla.

After a tasty lunch we will have the opportunity to participate in a variety of cultural activities:

Participate in a cultural walk, learning about the culture of the area, whilst viewing ancient rock art and the sacred waterhole of Lilla (sweet Water).

Sit down with Aboriginal elders and learn about traditional healing and medicines including *Arrethe* and *Aherre-Intenhe* with a local *nunkari* (healer).

Whilst sitting around a big fire later on this evening we can share dreamtime stories and interact with the Aboriginal people.



Be introduced to the variety of bush foods available and the importance of looking after our native plants and their spirits.

Settle in for a delicious meal and another relaxing evening around the campfire.

Day: 3 Lilla to Yulara

We depart Lilla nice and early so we can be at Yulara in time for lunch at camp.

Along the way we will visit the working camel and cattle station of Kings Creek and stop to view Mt Conner, before arriving at our Yulara campsite in time for lunch.

After lunch we head through the National Park to the Uluru Kata Tjuta Cultural Centre, offering insight into the traditional ways and beliefs of the desert people. Next we head to the base of Uluru for a guided tour of the Mala walk. This allows you to explore ancient caves, aboriginal art and learn about traditional ways of the Anangu people and the oldest culture in the world. This is an opportunity for travellers to really take in the magic of Uluru at their own leisure.

If there is time before sunset - we can head back into Yulara where we will have the opportunity to go on a 45 minute camel ride (at own expense - \$50)

Enjoy a fantastic sunset over Uluru before settling in to a delicious dinner and stories around the campfire.

Day: 4

Another early rise as we head out to view the sun rise over Kata Tjuta (The Olgas). We then go exploring through the domes as we embark on the Valley of the Winds hike (6.5km). Here we will learn about the geology of the area and the amazing way in which this place was created.

Then it's back to camp to have our final lunch together before the group is either dropped at the airport for their flight home, or departs for our journey back to Alice Springs.

FURTHER INQUIRIES and BOOKINGS: Contact remote Tours directly via the details below